

ORLANDO A. FELIZ

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Clearwater, FL 33755

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CAREER OBJECTIVE:

Dedicated and seasoned Vegetarian Gourmet Chef seeks a position where skills and knowledge utilizes to enhance your catering or restaurant business.

SUMMARY OF QUALIFICATIONS:

- 12 years experience as a Vegetarian Chef
- Over 10 years of managing a family restaurant business
- Diversified knowledge in international gourmet vegetarian cuisine and desserts

PROFESSIONAL EXPERIENCE:

- | | | |
|---------------|--|----------------------|
| 09/07-07/09 | Carlouel Yacht Club
<i>Saucier</i> | Clearwater Beach, FL |
| | <ul style="list-style-type: none">• Prepared Sauces, soups, vegetables and starches• Assisted with the carving station and working of the outside grille• Responsible for the salad station and desserts | |
| 3/07-7/07 | Tropicana Field
<i>Internship</i> | St. Petersburg, FL |
| | <ul style="list-style-type: none">• Sautee, Grill, Carving Stations• Garde Manger | |
| 12/02-7/05 | Orlando's Vegetarian Specialties
<i>Owner / Operator</i> | Santiago, DR |
| | <ul style="list-style-type: none">• Managed cook, hiring of employees, training and supervised all aspect of the restaurant business• Integral's Specialties catered to a diversified clientele• Specialized in international gourmet cuisines and desserts• Published informational pamphlets for courses on nutrition and health• Hosted a television program on nutrition for viewers twice a week | |
| 10/99 – 11/02 | Montana Integral
<i>Chef/Co-Owner/General Manager</i> | Santiago, DR |
| | <ul style="list-style-type: none">• Implemented a marketing plan to enhanced the business• Created an international gourmet menu to include Indian, Italian, Spanish and Chinese cuisine• Prepared personalized menus for patients in conjunction with their physician recommendations• Managing all aspects of the business to include menu preparation, ordering of supplies, hiring and training of all employees, bank: deposits, and monthly inventories | |
| 9/97 - 9/99 | Vegetarian Specialties
<i>Owner / Chef</i> | Bayamon, PR |
| | <ul style="list-style-type: none">• Managed all aspects of cooking, hiring of employees, training and supervising the restaurant• Prepared frozen vegetarian meals for health food stores• Catered lunches to corporate clientele throughout the region• Customized meal menu for a vegetarian food store | |

1/94 - 8/97

Vegetarian Specialties
Owner/Chef/Consultant

Bronx, NY

- Designed personalized dinner menus for those losing weight and in detox programs
- Counseled and taught Integral and Nutritional courses for various groups throughout the Bronx
- Speaker on national radio station WADO on nutrition and health

Education:

The International Culinary School at The Art Institute of Tampa

Tampa, FL

Associate of Arts in Culinary Arts, 2008
Graduated with 3.8 GPA
Awarded Dean's Honor Roll

Institute of the National Association of Certified Health Professionals

New York, NY

Certification in:

- Nutrition, 2002
- Human Body Systems, 2002

Ayurvedic Holistic Center of NY

New York, NY

Certified Ayurvedic Practitioner, 1995

APEC University

Santo Domingo, DR

BA in Business Administration, 1977